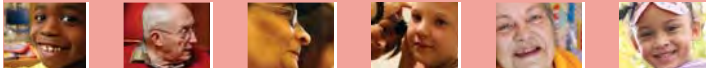




What Ohioans Think About Their Own Health Status



Results From The Health Foundation of Greater Cincinnati 

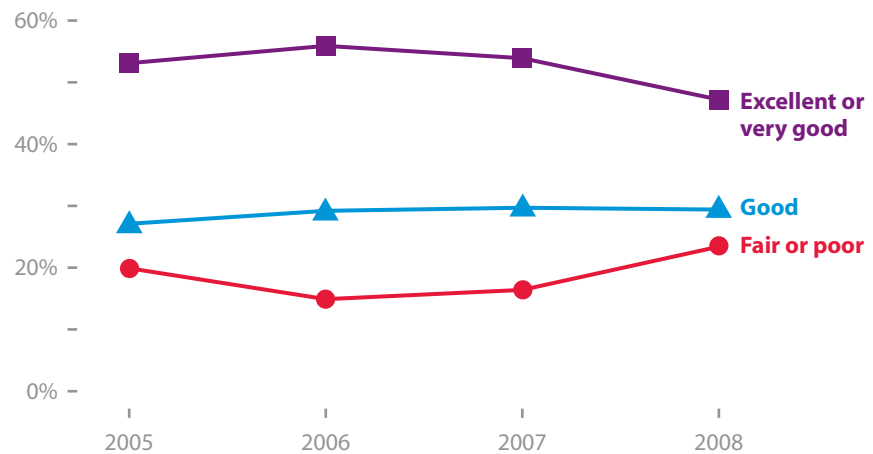
The 2008 *Ohio Health Issues Poll* asked Ohioans if they would say their own health was excellent, very good, good, fair, or poor. Just under half of all respondents rated their own health as excellent (16%) or very good (31%). Another 23% of Ohio adults rated their own health as fair (18%) or poor (5%).

Since 2005, Ohioans' self-reported health status has decreased, as a higher percentage of Ohioans have reported fair or poor health status and a lower percentage have reported excellent or very good health status. The percentage reporting good health status has stayed relatively consistent.

As education level and income increased, the percentage who rated their health as excellent or very good increased. With one notable exception (see below), as age increased, the percentage of people rating their health as excellent or very good decreased.

In the 2005–2007 *Ohio Health Issues Polls*, Ohioans ages 18–29 were most likely of any age group to report excellent or very good health status. In 2008, however, this group was one of the least likely to report excellent or very good health status.

Would you say that in general your health is excellent, very good, good, fair, or poor?



Ohioans **more** and **less** likely within demographic groups to rate their own health as excellent or very good

Demographic Group	% who rate health as excellent or very good
Ohio	47%
Ethnicity	
White	48%
African American	40%
Age	
30 to 45	60%
18 to 29	38%
65 and over	37%
Education	
College graduate	73%
Less than high school	24%
Family Income¹	
Above 200% FPG	60%
Below 100% FPG	21%

Demographic Group	% who rate health as excellent or very good
Ohio	47%
Health Insurance	
Insured	50%
Uninsured	33%
Geographic Region	
Southwest Ohio	54%
Central Ohio	41%
Type of County	
Suburban	54%
Rural	44%

¹ 100% of the federal poverty guidelines (FPG) in 2007 was an annual income of \$20,650 for a family of 4.