

**Question 7: In general, would you say [CHILD'S] health is . . . excellent, very good, good, fair, or poor?**

		<b>EXCELLENT</b>	<b>VERY GOOD</b>	<b>GOOD</b>	<b>FAIR</b>	<b>POOR</b>	<b>Count</b>
Greater Cincinnati Children		54.8%	27.0%	14.6%	2.9%	0.7%	2757
Area in Region	City of Cincinnati	50.9%	25.4%	19.8%	3.9%		318
	Hamilton County Suburbs	52.4%	26.9%	18.5%	2.2%		595
	Ohio Counties	60.8%	27.4%	7.9%	2.3%	1.8%	963
	Northern KY Counties	53.8%	26.2%	15.5%	4.6%		462
	Rural Counties	48.7%	28.8%	19.3%	2.8%	0.4%	420
Sex of Child	Male	52.4%	27.5%	15.6%	3.3%	1.2%	1423
	Female	57.4%	26.6%	13.5%	2.5%	0.1%	1334
Child's Age	0 to 5 years	66.8%	19.9%	11.8%	1.5%		785
	6 to 12 years	44.4%	34.4%	16.6%	2.9%	1.7%	1046
	13 to 17 years	56.6%	24.6%	14.6%	4.1%	0.1%	924
Race of Child	African American	51.1%	21.7%	23.0%	4.3%		346
	White	54.5%	29.6%	12.8%	2.9%	0.1%	2167
	Other	63.1%	11.6%	17.8%	0.5%	6.9%	244
Poverty Status	100% and below FPL	44.4%	22.2%	27.0%	5.9%	0.5%	370
	Between 100% and 200% FPL	42.2%	31.3%	22.7%	3.8%		487
	Above 200% FPL	61.9%	26.8%	8.7%	1.5%	1.1%	1528
Appalachian Status	Child Not Appalachian	56.3%	25.8%	15.1%	2.8%	0.0%	2444
	Child Born in Appalachia Only*	29.3%	17.8%	12.0%	12.2%	28.7%	59
	Child's Parent(s) Born in Appalachia Only	46.0%	44.1%	6.9%	2.5%	0.4%	216
	Child and Parent(s) Both Born in Appalachia*	49.9%	23.0%	27.1%			38
Number of Adults in HH	One	46.1%	19.8%	26.1%	7.9%		342
	Two	56.6%	31.1%	9.0%	2.3%	1.1%	1624
	Three	51.4%	26.8%	18.9%	2.9%		518
	Four or more	61.9%	12.5%	24.9%	0.4%	0.3%	274

**Question 29: During the past week, on how many days did your child exercise or participate in PHYSICAL ACTIVITY for at least 60 minutes?**

		1	2	3	4	5	6	7	NONE	CHILD NOT OLD ENOUGH (VOL.)	Mean	Count
Greater Cincinnati Children		6.3%	14.2%	14.2%	7.6%	11.6%	4.6%	27.3%	12.0%	2.3%	3.9	2741
Area in Region	City of Cincinnati	4.5%	9.1%	12.8%	9.4%	14.4%	2.7%	35.9%	8.1%	3.0%	4.5	307
	Hamilton County Suburbs	7.5%	8.3%	19.1%	1.7%	16.3%	2.6%	26.9%	15.8%	1.8%	3.8	595
	Ohio Counties	7.6%	22.0%	12.5%	10.2%	8.3%	7.5%	20.8%	9.4%	1.7%	3.7	963
	Northern KY Counties	4.0%	12.2%	13.4%	7.0%	12.2%	4.5%	29.9%	13.5%	3.3%	4.1	461
	Rural Counties	5.5%	10.4%	12.9%	9.1%	9.5%	2.5%	33.3%	14.0%	2.8%	4.1	415
Sex of Child	Male	4.4%	15.9%	14.2%	8.4%	9.2%	6.2%	28.8%	11.0%	1.9%	4.1	1414
	Female	8.4%	12.3%	14.1%	6.7%	14.1%	2.9%	25.6%	13.1%	2.7%	3.8	1328
Child's Age	0 to 5 years	4.2%	7.2%	13.4%	3.9%	3.7%	0.8%	40.9%	17.9%	8.0%	4.2	785
	6 to 12 years	5.7%	18.0%	15.6%	8.6%	14.3%	7.3%	25.8%	4.6%		4.2	1035
	13 to 17 years	8.8%	15.8%	13.2%	9.5%	15.2%	4.9%	17.2%	15.5%		3.4	920
Race of Child	African - American	3.2%	9.6%	20.6%	3.2%	9.8%	4.3%	32.4%	13.9%	3.0%	4.1	339
	White	7.4%	13.5%	11.0%	8.8%	12.5%	5.2%	27.6%	11.8%	2.2%	4.0	2161
	Other	0.7%	26.2%	33.4%	3.1%	6.1%		16.7%	11.9%	1.9%	3.2	241
Poverty Status	100% and below FPL	5.4%	7.5%	17.8%	6.0%	10.2%	0.7%	34.6%	14.8%	3.0%	4.1	369
	Between 100% and 200% FPL	4.5%	17.8%	14.0%	7.0%	5.4%	0.5%	35.6%	13.7%	1.5%	4.0	484
	Above 200% FPL	7.9%	16.6%	13.6%	8.0%	12.1%	7.8%	20.2%	11.5%	2.2%	3.7	1522
General Health Rating	Excellent / Very good	5.9%	13.8%	12.7%	7.9%	12.0%	5.5%	28.3%	11.4%	2.5%	4.0	2249
	Good	8.7%	15.1%	19.5%	6.9%	9.6%	0.9%	20.7%	16.8%	1.8%	3.3	396
	Fair / Poor	5.5%	18.5%	25.6%	2.4%	9.8%		31.1%	7.1%		4.0	97
Appalachian Status	Child Not Appalachian	5.8%	13.5%	14.8%	7.3%	11.7%	4.1%	28.0%	12.3%	2.4%	4.0	2431
	Child Born in Appalachia Only*	8.8%	1.1%	30.2%	9.2%	2.5%		31.5%	16.8%		3.7	59
	Child's Parent(s) Born in Appalachia Only	11.0%	26.6%	4.1%	8.0%	12.5%	11.4%	15.7%	8.9%	1.8%	3.6	216
	Child and Parent(s) Both Born in Appalachia*	9.0%	5.2%	5.3%	17.4%	9.5%	6.7%	41.9%	5.0%		4.9	36
Number of Adults in HH	One	3.7%	12.1%	13.5%	5.4%	7.9%		40.6%	15.5%	1.3%	4.2	334
	Two	6.6%	12.4%	13.6%	8.9%	13.8%	5.6%	25.5%	11.2%	2.4%	4.0	1620
	Three	10.0%	18.7%	11.8%	5.8%	9.2%	6.9%	25.9%	8.8%	3.0%	3.9	514
	Four or more	1.1%	18.5%	22.8%	6.0%	7.2%	0.2%	24.1%	18.9%	1.2%	3.4	273

**Question 30: During the past week, how many hours of sleep did this child get during an average day, including both nighttime sleep and naps?**

		1 TO 8 HOURS	9 TO 16 HOURS	17 TO OR MORE HOURS	DON'T KNOW	Mean	Count
Greater Cincinnati Children		42.4%	56.4%	0.5%	0.7%	9.2	2753
Area in Region	City of Cincinnati	52.4%	45.4%	0.6%	1.6%	8.8	318
	Hamilton County Suburbs	35.6%	63.3%		1.1%	9.0	595
	Ohio Counties	45.7%	54.0%		0.3%	9.2	963
	Northern KY Counties	39.9%	58.3%	1.6%	0.2%	9.4	458
	Rural Counties	40.0%	58.1%	0.9%	1.0%	9.3	420
Sex of Child	Male	42.5%	56.0%	0.6%	0.9%	9.2	1420
	Female	42.4%	56.8%	0.4%	0.5%	9.1	1334
Child's Age	0 to 5 years	11.9%	86.0%	1.7%	0.4%	10.8	785
	6 to 12 years	39.7%	59.5%		0.8%	8.9	1042
	13 to 17 years	71.6%	27.6%		0.8%	8.1	924
Race of Child	African - American	46.5%	52.9%		0.7%	9.1	346
	White	41.3%	57.3%	0.6%	0.8%	9.2	2163
	Other	46.8%	53.2%			8.7	244
Poverty Status	100% and below FPL	50.8%	47.8%	0.9%	0.6%	8.9	366
	Between 100% and 200% FPL	40.2%	59.6%		0.2%	9.3	487
	Above 200% FPL	41.5%	58.1%	0.2%	0.2%	9.1	1528
General Health Rating	Excellent / Very good	42.1%	56.6%	0.6%	0.7%	9.2	2257
	Good	45.4%	53.7%		0.9%	8.9	401
	Fair / Poor	37.2%	62.8%			9.3	95
Appalachian Status	Child Not Appalachian	43.8%	54.8%	0.5%	0.8%	9.1	2440
	Child Born in Appalachia Only*	23.9%	76.1%			9.3	59
	Child's Parent(s) Born in Appalachia Only	33.5%	66.5%			9.3	216
	Child and Parent(s) Both Born in Appalachia*	32.8%	67.2%			9.1	38
Number of Adults in HH	One	39.6%	58.4%		2.0%	9.0	342
	Two	38.6%	60.2%	0.8%	0.4%	9.4	1624
	Three	62.8%	37.0%		0.2%	8.5	514
	Four or more	30.3%	67.9%		1.8%	9.2	274

**Question 30: Met CDC Recommendation for Number of Hours of Sleep Per Day**

		LESS THAN RECOMMENDED HOURS OF SLEEP PER DAY	MET RECOMMENDED HOURS OF SLEEP PER DAY	MORE THAN RECOMMENDED HOURS OF SLEEP PER DAY	DON'T KNOW	Count
Greater Cincinnati Children		35.2%	62.8%	1.3%	0.7%	2751
Area in Region	City of Cincinnati	53.2%	43.4%	1.7%	1.6%	318
	Hamilton County Suburbs	30.6%	66.9%	1.4%	1.1%	595
	Ohio Counties	35.6%	63.6%	0.6%	0.3%	963
	Northern KY Counties	31.6%	66.3%	1.9%	0.2%	456
	Rural Counties	30.9%	66.5%	1.7%	1.0%	420
Sex of Child	Male	31.6%	66.4%	1.1%	0.9%	1418
	Female	39.0%	59.0%	1.5%	0.5%	1334
Child's Age	0 to 5 years	36.1%	61.4%	2.1%	0.4%	785
	6 to 12 years	39.7%	59.5%		0.8%	1042
	13 to 17 years	29.2%	67.9%	2.1%	0.8%	924
Race of Child	African American	45.1%	53.2%	1.0%	0.7%	346
	White	32.1%	65.6%	1.5%	0.8%	2161
	Other	48.1%	51.9%			244
Poverty Status	100% and below FPL	49.1%	48.0%	2.3%	0.6%	366
	Between 100% and 200% FPL	34.0%	64.0%	1.8%	0.2%	487
	Above 200% FPL	31.4%	67.8%	0.6%	0.2%	1528
General Health Rating	Excellent / Very good	35.5%	62.6%	1.1%	0.7%	2255
	Good	33.7%	64.8%	0.6%	0.9%	401
	Fair / Poor	32.4%	59.4%	8.1%		95
Appalachian Status	Child Not Appalachian	36.8%	61.0%	1.4%	0.8%	2439
	Child Born in Appalachia Only*	22.7%	77.3%			59
	Child's Parent(s) Born in Appalachia Only	21.4%	78.1%	0.4%		216
	Child and Parent(s) Both Born in Appalachia*	25.8%	71.7%	2.4%		38
Number of Adults in HH	One	48.3%	49.5%	0.3%	2.0%	342
	Two	30.0%	67.9%	1.6%	0.4%	1622
	Three	47.6%	50.8%	1.5%	0.2%	514
	Four or more	25.7%	72.0%	0.4%	1.8%	274